

News Update



MILO SCHOOL MAY NEWS

Hello Milo families! It is hard to believe that we are talking about events for the month of May! Please make sure to check out the events coming up in May. We have included two detailed flyers for you with some important information; please check these out at the end of our newsletter with more information about Education Week as well as some information on mental health workshops for our families. While we do our best to keep you informed, please watch your child's planner, and keep an eye out for notes coming home (as well as our Facebook posts) in case we have more exciting events pop up along the way.

Thank you so much to everyone who supported our annual Spring Flower fundraiser, pick up is the afternoon of May 10. Have a great month! -Kerry Aiken, Principal

Hats On!
FOR MENTAL HEALTH

Wear a special hat to school on May 4, 2022 to raise awareness of the importance of good mental health.

May 4th 2022
canwetalk.ca

can we talk? | The Alberta Teachers' Association | Canadian Mental Health Association Alberta | Global

MAY 2022

- Monday May 2, Harry Potter Day, dress up as your favourite book or movie character
 - Tuesday May 3, join your child's class for drumming, singing, and dancing with Alex Scalplock, times listed in the flyer at the end of the newsletter
 - May the Fourth Be With You on Wednesday May 4, dress to celebrate Star Wars; it is also Hats on for Mental Health
 - Thursday May 5, Cultural potluck and reading picnic (see info in flyer)
 - Tuesday May 10, Spring Flower delivery and Junior High Scientist in School
 - Thursday May 19, Subway lunch and Developmental Check ups for Pre-K
 - May 26 Junior High Bake Sale
 - May 31 Parent Council meeting May 31
- MAY PAT DATES: May 16 Grade 9 ELA, May 18 Grade 6 ELA

Milo Moments



KIRK'S CORNER

In language arts we are completing our research unit. The students are learning how to write paragraphs for the outlines they did. We have learned all kinds of facts. Did you know, scientists believe narwhals use their tusk to stir up fish? Cougars are nocturnal and hunt at night; so I'm not sure why Miss Schneider and I worry about cougars when we hike. Another interesting fact is chipmunks can fit 6 chestnuts in their cheeks at one time (3 on each side). The students will be completing this project on google slides.

In math the students are learning about 2D shapes and 3D objects. We will go for community walks to look at structures and identify shapes and solids in them. Every day we work on basic facts where the students are memorizing addition tables up to 9 plus 9 and subtraction tables from 18-9. We are also learning about fact families. Also the grades 2-3 are learning about fractions. My favourite unit, where we get to talk about sharing pizza and chocolate! :)

Scientists in Schools are coming this week. Yeah! A field trip... even if it is a virtual one. The grades K-3 are building structures in "Structures, Materials and More" and the grades 4-6 are exploring plants in "Get the Dirt on Plants". Each grade is starting a new unit: Grade 1s are exploring senses, grades 2-3 are learning about buoyancy, grades 4-5 are discovering needs of plants, and grade 6s are learning about trees and forests.

In social studies the grade 1s will learn about Milo and Siksika community history. The students are making timelines for events at Siksika and in Milo. The grades 2-3 continue to learn about culture in Meteghan, Iqaluit and Saskatoon. We will tie this into learning about our own cultures.

PLEASE email tammy.lahd@pallisersd.ab.ca any pictures that you might have for the yearbook. Pre-ordering of yearbooks will happen mid-May.

MISS SMITH'S CLASS:

Hi everyone! I can't believe we only have two more months of school! Here's a quick rundown of what we will be focusing on in May.

In 4/5/6 Language Arts, students are continuing to start each morning with a Write It Right sentence and Words Their Way. We have recently started reading *Charlotte's Web* as a class and are focusing on newspaper article writing. The Grade 6s will write Part A of the PAT on May 18th.

In 4/5 Social Studies, students are continuing to learn about the Fur Trade and will begin building a fur trade diorama soon, to show their knowledge. In 6 Social Studies, students are continuing to learn about the structure and functions of our provincial government. Next, we will focus on how individuals, groups and associations within a community impact decision making of local and provincial governments.

MISS SMITH'S CLASS CONTINUED:

In 7/8/9 Language Arts, students are continuing to start each day with a paragraph editing assignment and Words Their Way. We recently started reading *Holes* as a class and are still focusing on business letter writing, as the Grade 9s will write Part A of the PAT on May 16th.

In 7/8 Social Studies, students are learning about how political, economic and military events contributed to the foundations of Canada. They are looking specifically at how the War of 1812 contributed to British identity in Canada, how the Great Migration of 1815–1850 in Upper Canada and Lower Canada was an attempt to confirm British identity in the Province of Canada, and to what extent was Confederation an attempt to provide the populations of Québec and Ontario with increased control over their own affairs.

In 9 Social Studies, students are currently studying the different economic systems in Canada and the United States, and are comparing and contrasting the principles and practices of market and mixed economies. They are looking specifically at the role of the consumer in market and mixed economies, to what extent consumer actions reflect individual and collective identity, and how the economic systems of Canada and the United States differ in answering the basic economic question of scarcity.

Next Junior High BAKE SALE: May 26th.

MRS. KIDD MILO ALPHABETS K/Pre-K

Wow! It's crazy to think that we are finished Kindergarten in just over a month! There are still many skills to master and children are starting to be great explorers and ask so many questions!

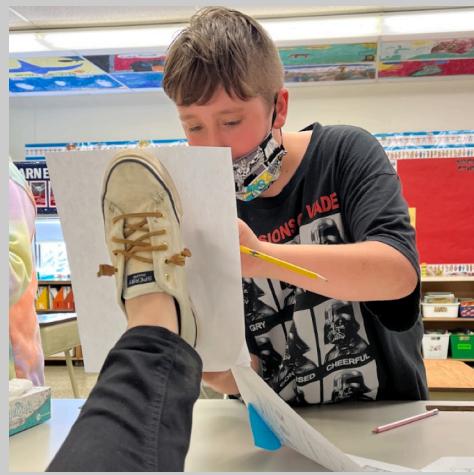
In Literacy, we love continuing to learn many new vowel team sounds through songs and enjoy building word puzzles and playing bingo games where we reinforce these sounds to read many new words. As we write in our journals, we are practicing leaving finger spaces, starting sentences with upper case letters and stretching words to sound them out.

In PE, we are working on encouraging each other as we try cooperative games and practice ball-handling skills (slaps, taps and wraps). We will be trying some hockey, badminton with balloons and t-ball as we work on striking with body implements.

Our Measurement unit is almost complete as we compare different items and practice sorting objects according to a specific attribute. Building objects that are 2-D and 3-D will be next on our agenda and we continue to run through how to subitize (to identify the number of things in a set simply by quickly looking at them—not by counting them one by one) our numbers up to 10.

We had great weather for our field trip to the Fire hall and Library and are so thankful to the volunteers who allowed for this to happen!

Milo Moments



Milo Moments



MRS. KIDD CONTINUED

We had great weather for our field trip to the Fire hall and Library and are so thankful to the volunteers who allowed for this to happen! Safety was discussed in depth and we continue to practice the reminder to Stop, Drop and Roll. We learned many things about the fire trucks, saw the numerous tools they use, put on a fireman's helmet and coat and even experimented with spraying a hose to hit a pylon! In the near future we hope to walk to the Recycling Depot and put into practice how we can take care of our earth. We will also be learning about insects and their life cycles.

What did one firefly say to the other? Got to glow now!

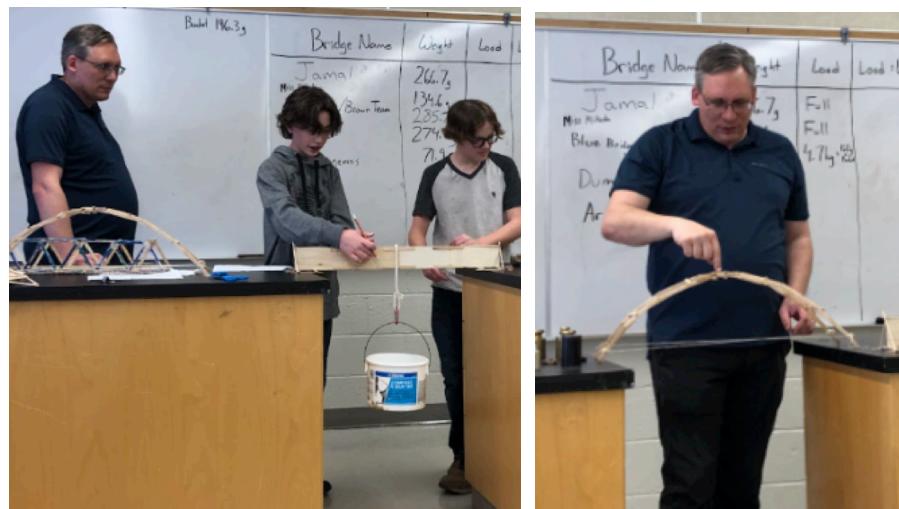
Mr. WATTERS

7-9 Science: Last month we were finishing up our study of structures. To help students better understand how structures are built they tested bridge designs to see what features provided the greatest strength for the least amount of material. They also looked at the advantages and disadvantages of different types of glue.

7-9 Math: Last month we were studying fractions by taking an in depth look at their meaning and how to perform calculations using fractions. Soon we will be studying probability and chance. Our understanding of fractions will connect with probability as chance is often described using fractions.

4-6 Math: Last month we were studying multiplication, division, and area. We also looked at how angles and triangles are classified. Soon we will be studying how data is gathered and presented.

1-9 PE: Last month we were practicing soccer and related games or skills. A variation of kickball has been especially popular across all grade levels. For Harry Potter Day on May 2, we will be playing Quidditch. After that we will be practicing track and field events.



Promoting Mental Health and Wellness



FREE LEARNING SERIES SPRING 2022

Worries, Anxiety and Our Children	Learn what anxiety is, why we feel anxious and how we know when anxiety becomes a problem • Learn about the pandemic's impact on anxiety and ways to help children cope with anxiety Presented by: Aleigha Arksey, Provisional Psychologist
Keys to Healthy Communication	Understand how to gain your partner's perspective • Explore the behaviors that fuel conflict • Learn tips to increase connection Presented by: Kelly Weitz, Provisional Psychologist
Building Self-Compassion	Decrease stress quickly by implementing self-compassion techniques • Enhance your ability to regulate emotions • Learn to relate to yourself with warmth and positivity Presented by: Damaris Malpica, Provisional Psychologist
Strengthening the Brain's Emotional Control Center	Understand how the brain works • Learn effective strategies to build children's emotional intelligence • Explore ways to support children to regulate emotions Presented by: Aleigha Arksey, Provisional Psychologist
What is Grief? Understanding My Loss	Learn about the common misconceptions of grief • Understand the different types of loss • Explore strategies to cope during the difficult times Presented by: Kelly Weitz, Provisional Psychologist
Thankful for My Body: Healthy Body Image for Teens	Explore the impact of media on body image • Learn tips for healthy eating and body image • Understand intuitive and mindful eating Presented by: Sarah Henderson, Provisional Psychologist

In-Person 6:30-7:30 PM
Online 8:00-9:00 PM
Limited In-Person Registrations

For More Information or To Register For A Presentation:

403-327-2333
  
truebalancecounselling@gmail.com
www.truebalancecounselling.ca



Hello Milo friends and families! Please check out the information below to see some of the things we have planned for the week!

Please support your child(ren) in celebrating Education Week, and our school spirit, for the following events:

Monday May 2 dress up as your favourite book or movie character in honour of Harry Potter Day (May 2 is the day that the Battle of Hogwarts was fought).

Please join us on Tuesday May 3. Alex Scalplock will be at our school in the afternoon for drumming, singing and dancing. Families are invited to join their child during their scheduled class times, **K-3 from 1:00 - 1:30, 4-6 from 2:00 - 2:30, and 7-9 from 2:00 - 2:30.**

"May the Fourth Be With You" - **Wednesday May 4** is Star Wars Day, and Hats on For Mental Health, we encourage our students to dress up and/or wear a hat.

Finally, as we celebrate "Learning is a Journey" we would like for you to join us on a food tour!
WHO: Milo School students and their families
WHAT: Cultural potluck - bring items traditional to your family
WHEN: Thursday May 5th at 12:00 pm
WHERE: Milo School Gym

Please feel free to send items that can safely travel with your child(ren) in the morning, hot items or items that cannot travel safely on the bus with your child can be brought with family members when they arrive at noon.

Miss Schneider's Kitchen

English Muffin Breakfast Pizza

Total: 30 mins

Prep: 30 mins

Servings: 12

Yield: 12 muffin pizzas

6 English muffins, split in half

½ pound ground sausage (can use cased sausages cut into rounds)

½ cup chopped yellow onion

½ cup chopped green bell pepper

½ cup chopped mushrooms (fresh or canned)

8 eggs, beaten

½ teaspoon salt

¼ teaspoon ground black pepper

1 ½ cups shredded mozzarella cheese

Directions

Step 1

Preheat broiler. Place English muffin halves on a baking sheet; set aside. Spray a large skillet with cooking spray. Heat over medium-high heat. Add sausage, onion, bell pepper and mushrooms; cook 5 minutes or until sausage is crumbled and vegetables are tender, stirring occasionally. Drain. Remove from the skillet and keep warm.

Step 2

Reduce heat to medium. Add eggs to the same skillet; sprinkle with salt and black pepper. Scramble the eggs until cooked.

Step 3

Broil English muffin halves 2 minutes or until toasted. Top halves evenly with sausage mixture, scrambled eggs and cheese. Broil 3 minutes more or until the cheese melts. Serve immediately.