

Castle Mountain Ski Trip!



MILO SCHOOL MARCH NEWS

Hello Milo School friends and families! We were so excited that we were able to get out for our Castle Mountain ski trip on February 17, thank you so much to everyone who participated, and thank you to the Rec Board and Farm Credit Canada Lethbridge for your support in making this a free trip for our students. Also, thank you so much to Mrs. Lahd for organizing our ski trip!

We would like to send some more gratitude, thank you so much to Mrs. Hall for all her hard work in options class. She has spent many hours preparing materials for cross-stitching and crocheting. Our students have been engaged while they learn a valuable skill, thanks again Mrs. Hall. We would also like to thank all our parent volunteers that helped tie skates and skated with us, and of course Kathy Catt for being our regular reading volunteer.

Searching for: The 4/5s are looking for old shoeboxes for an upcoming project. If anyone has an extra shoebox at home, please send it to the school :)

We are excited for our busy month ahead, and we look forward to welcoming our friends and families to the school for our Evergreen show on Thursday March 24 at approximately 2:45 pm. Studio Lumen are unavailable, but if you have a knack for recording, or you know of someone who may be available to record our production please let us know at the office, thanks! -Kerry Aiken, Principal Milo School

March 2022

→ Monday March 14, Pi Day, celebrating Math with some fun activities in multi – grade groups

→ In person parent council meeting on Wednesday March 16, 4:30 Milo School

→ March 17, Subway and St. Patrick's Day

→ Evergreen Theatre Residency, artists in classes Monday March 21 – Thursday March 24.

→ **THURSDAY MAY 24 is a big day:**

Evergreen Theatre afternoon public show Thursday approx. 2:45, more details to come, and our **Term 2 Report Cards go home**

→ Monday March 28 will be student – parent – teacher meetings starting at 4:30. In person or online available, please contact your child's teacher or call the school.

ALSO, Junior High Band Trip to SABC, more details to come.

Milo Moments



KIRK'S CORNER

Well according to the Milo Mustang Groundhogs (a.k.a our class pop up groundhogs), we have 6 more weeks of winter. This past week of frigid weather sure made that prediction accurate. In March we'll be counting Lion (stormy cold weather) and Lamb (mild nice weather) days. I don't know about you, but I am ready for "Lamb Days". In March Paddy comes back! That means we will be making traps for our building unit. Maybe this year we will catch him :)

In language arts we are starting our research unit. This year students will be researching animals that live in Alberta. They will learn about "key ideas" and writing outlines from text. Then they will use their outlines to write paragraphs. The final project will be done on Google Slides.

In math we are continuing to practice and memorize basic facts for addition and subtraction of facts families to 18. The grade 1s will be adding one digit numbers up to 20, the grade 2s will be adding and subtracting 2 digit numbers, and grade 3s will be adding 3 digit numbers. The grades 2-3 will learn how to add and subtract with and without regrouping.

Science across the grades:

Grade 1 will be building mini objects of everyday things. We will be learning different ways to attach items with glue, tape, pipe cleaners, and paper clips. They will also complete a mini-unit in Spring. We will be looking for signs of spring to add to our spring chart.

Grades 2-3 starting their unit on Exploring Liquids. Here they will learn the properties of water and other liquids. Students will do experiments to explore absorption, containment, and evaporation. They will tell why water is important to living and nonliving things.

Grades 4-5 are learning about lights and shadows. They will learn how shadows are different for different parts of the day. They will learn the vocabulary opaque, transparent, translucent, refract, and reflect. The students will need flashlights for this unit!

Grade 6s are on the unit Evidence and Investigation. In this unit, students learn about animal tracks and footprints. They learn how to determine direction, speed and weight of the creature leaving the track. They will learn about tire treads, fabric samples, handwriting samples, and other evidence to solve a crime. The students end the unit with finding out "who

KIRK'S CORNER CONTINUED

stole the cookie from the cookie jar". Mrs. Lahd has retired from this role, so you will need to find the new culprit:)

What's ahead in March?

Paddy, the leprechaun, will be back and will be up to his old tricks. You can bring in boxes to the school, so we can build traps to catch him. He loves to colour green and gold sparkles.

100th Day of school - it is a tradition to dress like you are 100 years old. Also Mrs. Kirk will be using the aging app for the writing activity, "when I am 100".

THANK YOU!!

To everyone that made the ski trip possible. What a remarkable day! I am so proud of all the kiddos. They gave their best effort in lessons and they skied so well. It was great being out with parent volunteers and the students. Thank you!

Mrs. Catt for reading with the grades 1-6 students. We love having you:)

MISS SMITH

Hi everyone! I hope everyone enjoyed our strange February weather. Here's a quick rundown of what we will be focusing on in March.

In 4/5/6 Language Arts, students are continuing to start each morning with a Write It Right sentence and Words Their Way. We are continuing to read *Harry Potter and the Philosopher's Stone* as a class and students are wrapping up their story writing unit. We had an exciting Sorting Ceremony this month and students were sorted into one of the four Hogwarts houses. Next, students will move into an opinion writing unit. We will use this unit to practice writing good paragraphs and will start learning how to write an essay.

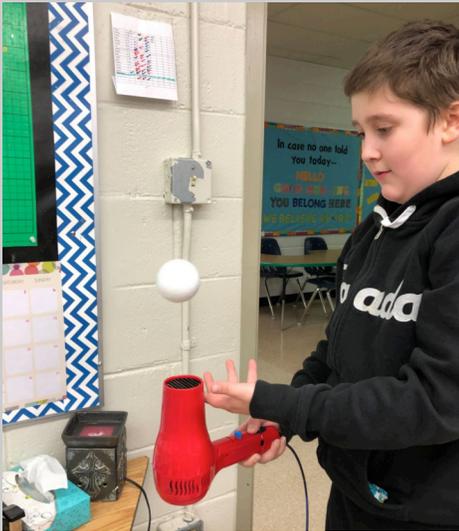
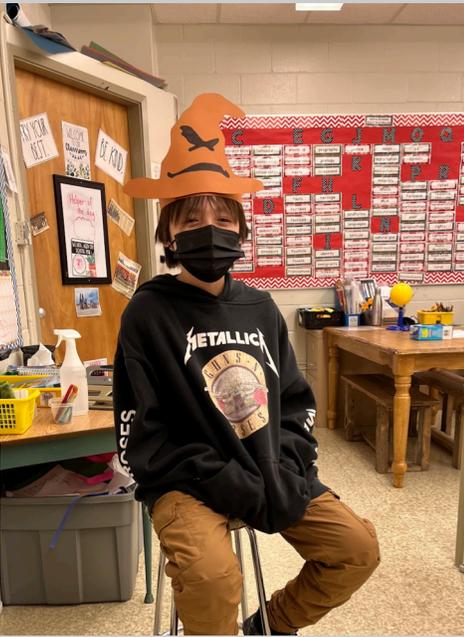
In 4/5 Social Studies, students recently finished learning about the last of Alberta's six regions, the Canadian Shield. Students will now start a new unit that focuses on the history of Alberta. In the first chapter, students will explore which First Nations originally inhabited the different areas of the province and what movement or migration within Canada contributed to the populating of Alberta.

In 6 Social Studies, students are currently wrapping up a unit focusing on the Iroquois Confederacy. Next, students will learn

Skiing - Thanks again Rec. Board and Farm Credit Canada Lethbridge



Milo Moments



MISS SMITH CONTINUED

about the structure and functions of local governments in Alberta. Students will examine how representatives are chosen to form a local government, what the responsibilities of local governments are, how local governments are structured differently in rural and urban settings, and what role is played by school boards within local communities.

In 7/8/9 Language Arts, students are continuing to start each day with a paragraph editing assignment and Words Their Way. We are almost done reading *The Boy In The Striped Pajamas* as a class and we are wrapping up our persuasive essay writing as well. Our next writing focus will be on business letter writing.

In 7/8 Social Studies, students are currently learning about the political competition between the French and the British in attempting to control North America. Students are looking closely at the ways in which conflicts between the French and the British in Europe impacted North America, how conflicts between the French and the British in Europe became factors in the Great Deportation of the Acadians in 1755, to what extent the Battle of the Plains of Abraham was a key event in achieving British control over North America, and how British North America was impacted by rebellion in the 13 colonies and by the subsequent Loyalist migration.

In 9 Social Studies, students are currently learning about how legislative processes attempt to address emerging issues of immigration. Students are looking closely at what factors influence immigration policies in Canada, how provincial governments are able to influence and implement immigration policies, what the relationship is between immigration policies in Canada and the rights guaranteed in the Canadian Charter of Rights and Freedoms, and to what extent does Canada benefit from immigration.

MRS. WOOF'S DEN

This is the last newsletter I, Mrs. Woofenden, will be writing this year. I am sad to be saying goodbye to my students and Milo families, but excited for what lies ahead. For those that don't know already, I am gone on Maternity leave and so excited to welcome a baby girl into my Woof family. Good luck with the rest of the school year and have fun with Mr. Watters.

In Math 7-9, the students will be moving into linear relations where students will explore ways to pictorially and symbolically demonstrate solving order of operations questions.

MRS. WOOF'S DEN CONTINUED

Students will learn how to manipulate expressions to solve for unknown variables by exploring patterns.

In Math 4-6, students will be learning about the patterns and relationships in multiplication and division. They will explore traditional and newer methods of calculation with a focus on recognizing patterns within the calculations. Students will use many strategies to represent their multiplication and division patterns.

In Science 7, students will finish their Structures and Forces Unit where they will explore how forces interact on structures and each other. Students will learn how to calculate forces through labs and building projects. To finish off the unit, the students will complete a collaborative project with the Science 9 group.

In Science 9, students will finish their Electrical Principles and Technologies Unit where they will explore how to create circuits using resistors, insulators, fuses, motors, and more. They will also learn how to calculate the Amps, Volts, and Ohms for explored circuits. To finish off the unit, the students will complete a collaborative project with the Science 7 group.

In Physical Education, students will be exploring how their bodies move and how exercise can change how we feel and look through a Fitness Unit. They will learn the fundamentals of different exercise movements and programs in order to build more competent physical literacy skills.

WELCOME MR. WATTERS!

Hello to everyone. I am Mr. Watters and I am excited to be joining the school while Mrs. Woofenden is away for a while to care for her new baby. My children attend Champions school which has many similarities to Milo.

I am excited to be starting new units in Math and Science. In Math we will be learning about multiplication, order of operations and equations. A key skill that we will be focusing on for all grades is using our imaginations to make sense out of patterns. For Science the Grade 7-8's will be studying forces and structures and the Grade 9's will be studying electricity.

We had a fun and exciting first week together before the winter break. We had a great time both curling and skiing. For March we will have more fun playing floor hockey.

I am eager to get to know everyone better as we work and play together.

More Milo Moments



Milo Alphabets Memories



MRS. KIDD: MILO ALPHABETS KINDERGARTEN

Hi from Kindergarten! Even though the groundhogs predicted a longer winter, we are looking forward to spring officially beginning soon!

After looking at what many Canadian animals do during winter we will start learning about different life cycles. Seeds will be planted and butterflies studied as these fascinating subjects are looked into more closely! Did you know... We love raising caterpillars as pets. It always gives us butterflies!!

Literacy skills continue to improve as students will practice sounding out CVC words and learn new vowel combinations. Working on ordering the letters of the alphabet and recognizing rhymes is another skill students will practice in class and in group language activities. Solving the mystery of what's missing in a word or in a string of letters is also a fun puzzle to solve! In Numeracy, our pattern unit will be completed soon and students are becoming experts using

manipulatives for recognizing, reproducing, extending and creating different patterns. Measurement will be covered next and we will practice comparing objects in our classroom.

After celebrating Pink Shirt day the Kindergarten class will keep looking at ways to be kind and show respect toward diversity at school and in our community. We will also be practicing lacing cards to strengthen our fine motor skills and work towards tying our shoes!

Our class has had a lot of fun trying skating and chairs were moving much faster as they were pushed back and forth on the ice! We are now looking ahead to continue practicing our kicking skills. We will also be starting some cooperative games where teamwork is important and everyone is working together toward a group goal.

Learning how to stay safe in PE is important (always wearing a helmet when skating) and we will continue looking at how to make sure we can follow safety rules around cars and when walking down a street in familiar surroundings. Visiting the Milo Fire Hall is another way children will become more familiar with people in the community that have the important job in helping them stay safe. It will be a great time climbing into a fire truck, seeing the strobe lights and getting to hear the deafening sirens!





MISS SCHNEIDER'S KITCHEN



March marks the 40th anniversary of Nutrition Month. Throughout this month I will be sharing healthy recipes, and tips and tricks for eating well. But I'm going to start here by sharing 10 cool and interesting nutrition facts to start healthy eating at home.

1. A 355 mL can of pop contains 10 to 12 teaspoons of sugar. That's 150 to 180 empty calories. Better to cut your thirst with some water or milk.
2. Fish, chicken and other lean meats and meat alternatives such as beans and tofu are filled with protein to help keep muscles strong.
3. Leafy green vegetables like broccoli and orange vegetables such as carrots and sweet potatoes are full of vitamins to keep you energized and help you play harder for longer. Also raw vegetables are better than cooked.
4. Fruit is better than juice! In fact, a raw unpeeled apple has almost 10 times more fiber than a cup of apple juice.
5. Sports drinks are composed mostly of water, but their second biggest ingredient is sugar. While sports drinks are OK to drink sometimes after a lot of exercise like a soccer game, you'll get more nutrition (and less empty calories) by having water plus a complex carbohydrate like fresh fruit.
6. Your body needs good oils and fats to give your muscles quick energy. But if you eat too much, it gets stored in your body. Good fats are found in nuts, avocados, olive oil, canola oil and soft, non-hydrogenated margarine. Bad fats are found in hard margarine, vegetable shortening, butter, coconut and palm oils, fatty meat and full-fat dairy products.
7. Lower-fat milk and dairy products and fortified soy products are crammed with calcium to build strong bones that help you to stay safe while playing
8. Eating fiber makes you feel fuller and it's healthy for your heart. Eating a slice of white bread won't satisfy your hunger nearly as much as a slice of 100% whole-wheat bread with the germ. High-fiber foods also have vitamins and minerals to keep your heart strong
9. Sugary soft drinks, sugary cereals, white bread and white rice break down quickly in the body, making you hungry soon after. They can also give you a quick rush of energy, but that is soon used up, leaving you tired and even cranky.
10. Nutritious snacks keep you feeling energized throughout the day, helping you beat energy slumps and keeping your metabolic rate up, which helps in maintaining a healthy weight. For example, a small handful of nuts with a piece of fresh fruit has fiber and healthy fats that give you energy that lasts, unlike what you get from junk food such as potato chips or candy bars.